



2015 MINT Forum  
15-17<sup>th</sup> October, Berlin, Germany

**Presentation Proposal Form**

**Final date for submissions: Friday 26<sup>th</sup> June 2015**

**Submit to: [forum@motivationalinterviewing.org](mailto:forum@motivationalinterviewing.org)**

Thank you for your interest in presenting at the 2015 Forum! Please consider that sessions provided at the MINT forums have a clear emphasis on the training and practice of MI. Please add your surname to the file when saving (i.e. Berlin 2015 MINT Forum Proposal\_surname).

<p><b>Presenter(s) &amp; Nationality:</b></p> <p>Please include the details of each presenter.</p>	<p>Pilar Lusilla (Spain) plusilla@vhebron.net</p>
<p><b>Title of session:</b></p>	<p>Adapting MI to mHealth in the management of chronic health conditions: The PRECIOUS service*</p>
<p><b>Language(s) of Presentation:</b></p>	<p>English</p>
<p><b>Description:</b></p> <p>Please provide a 150-300 word description of your presentation content. If your presentation is selected, this information will be used in the event programme. <b>If you are hoping to present in a language other than English, please provide a description in both English and the language of your presentation.</b></p>	<p>There is growing evidence that demonstrates the potential of mobile communications to improve healthcare services. A vast number of applications already exist for different health conditions, but the majority offer similar functions and fail to include a comprehensive motivational framework to ensure certain engagement and mid-long term adherence to the service. Furthermore, chronic conditions require a great participation, willingness and self-management abilities from patients. Thus, the “spirit of MI” is more close to a patient empowerment approach. There are not too many mobile applications developed and implemented with a motivational framework from the very initial phases of service design. The PRECIOUS service (PREventive Care Infrastructure based On Ubiquitous Sensing) is a project funded by European Union and is intended to overcome such limitation. It combines a multidisciplinary scientific corpus of knowledge, nurtured from information and technology communication, engineering, psychology sciences and MI experts. The presentation will provide to the audience an overview about how MI can be adapted to build a mHealth motivational system to enhance engagement among users with chronic health conditions.</p>
<p><b>Which track would you like to submit your presentation under?</b></p> <p>For details of the tracks, please see the ‘call for proposals’ Board of Directors Blog post.</p>	<p>Applications and Adaptations <input checked="" type="checkbox"/></p> <p>Training and Supervision <input type="checkbox"/></p> <p>Non-English language <input type="checkbox"/></p> <p>Off the beaten track <input type="checkbox"/></p> <p>Other <input type="checkbox"/></p>
<p><b>Which kind of session would you like to present?</b></p>	<p>Full workshop (90 minutes) <input type="checkbox"/></p> <p>Short share (15 minutes) <input checked="" type="checkbox"/></p>
<p><b>For full workshops only:</b></p> <p>Please describe the format your workshop, and how you intend to engage your audience with the content. Priority will be given to submissions that have carefully considered how to maintain engagement with the audience throughout the presentation.</p>	
<p>Have you presented at a MINT forum before?</p>	<p>Yes <input checked="" type="checkbox"/> No <input type="checkbox"/></p>

<p>The PPC is committed to support any members who have concerns/reservations about presenting at the forum. Would you like to speak with us in relation to any concerns/reservations you have?</p>	<p>Yes <input type="checkbox"/>      No <input checked="" type="checkbox"/></p>
<p>Have you presented (or are you planning to present) the content of your presentation anywhere else prior to the MINT Forum? If so, please give the details of this.</p>	<p>I have presented a very preliminary draft (as poster presentation) in Amsterdam (ICMI)</p>
<p><b>Audio visual and other presentation requirements:</b> Please give details.</p>	<p>Computer with power point and internet connection</p>

\*The PRECIOUS project. This project has received funding from the European Union's Seventh Framework Programme for research, technological development and demonstration under grant agreement n° 611366.